## **NBRC Lap Pool**

May 1st - May 12th, 2013

|         | Monday  | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday   | Sunday  |
|---------|---|--|---|---|---|--|---|
| 5:30am  |   |  |   |   |   |  |   |
| 6:00am  | Elks<br>6:00-7:15<br>*6 Lap Lanes                     | Lap Swim<br>6:00-8:00  | <b>Lap Swim</b><br>6:00-9:00                          | <b>Lap Swim</b><br>6:00-8:00                              |   |  |   |
| 6:30am  |   |  |   |   | <b>Lap Swim</b><br>6:00-9:00                                    |  |   |
| 7:00am  |   |  |   |   |   | Boulder<br>Swimming<br>7:00-9:00<br>*3 Lap Lanes     |   |
| 7:30am  | Lap Swim<br>7:15-9:00                                 |  |   |   |   |  |   |
| 8:00am  |   |  |   | Drop-in H2O Fit   |   |  | Masters                                       |
| 8:30am  |   | 8:00-9:00<br>*5 Lap Lanes  |   | 8:00-9:00<br>*5 Lap Lanes                                 |   |  | 8:00-9:30                                     |
| 9:00am  | Drop-in H2O Fit                                       |  | Drop-in H2O Fit                                       |   | Drop-in H2O Fit   | Boulder HS &   | *2 Lap Lanes                                  |
| 9:30am  | 9:00-10:00<br>*4 Lap Lanes<br>Lap Swim<br>10:00-10:30 | Lap Swim   | 9:00-10:00<br>*4 Lap Lanes<br>Lap Swim<br>10:00-10:30 | Lap Swim  | 9:00-10:00<br>*4 Lap Lanes                                      | Elks<br>9:00-10:30<br>*4 Lap Lanes                   | Masters                                       |
| 10:00am |   |  |   |   | Lap Swim<br>10:00-10:30   |  | 9:30-10:30<br>*4 Lap Lanes                    |
| 10:30am | Masters 10:30-11:30 *4 Lap Lanes                      | 9:00-12:00   | Masters   | 9:00-12:00  | Masters   | BHS & Elks<br>9:00-11:30<br>*6 Lap Lanes             | <b>Lap Swim</b> 10:30-1:00                    |
| 11:00am |   |  | 10:30-11:30<br>*3 Lap Lanes                           |   | 10:30-11:30<br>*4 Lap Lanes                                     |  |   |
| 11:30am | <b>Lap Swim</b> 11:30-3:30                            |  | <b>Lap Swim</b> 11:30-3:30                            |   | <b>Lap Swim</b><br>11:30-3:30                                   | Lap Swim<br>11:30-1:00                               |   |
| 12:00pm |   | Masters<br>12:00-1:00<br>*3 Lap Lanes  |   | Masters<br>12:00-1:00<br>*3 Lap Lanes                     |   |  |   |
| 12:30pm |   |  |   |   |   |  |   |
| 1:00pm  |   | <b>Lap Swim</b> 1:00-4:00  |   | Lap Swim<br>1:00-4:00                                     |   | Open Swim 1:00-4:00 *4 Lap Lanes  Lap Swim 4:00-6:30 | <b>Open Swim</b><br>1:00-3:00<br>*4 Lap Lanes |
| 1:30pm  |   |  |   |   |   |  |   |
| 2:00pm  |   |  |   |   |   |  |   |
| 2:30pm  |   |  |   |   |   |  |   |
| 3:00pm  |   |  |   |   |   |  |   |
| 3:30pm  | Boulder HS & Elks 3:30-6:00 *2 Lap Lanes              | Boulder HS & Elks 3:30-6:00 *2 Lap Lanes  Aqua Zumba & Diving Board 5:45-6:45 *4 Lap Lanes | Boulder HS & Elks 3:30-6:00 *2 Lap Lanes              | Boulder HS & Elks 3:30-6:00 *2 Lap Lanes                  | 6:00 3:30-6:00  |  | <b>Lap Swim</b><br>3:00-4:30                  |
| 4:00pm  |   |  |   |   |   |  | 3:00-4:30                                     |
| 4:30pm  |   |  |   |   |   |  | AquaTeens 4:30-7:30 *4 Lap Lanes              |
| 5:00pm  |   |  |   |   |   |  |   |
| 5:30pm  |   |  |   |   |   |  |   |
| 6:00pm  | Masters & Lessons<br>6:00-7:00<br>*3 Lap Lanes        |  | <b>Lap Swim</b><br>6:00-9:00                          | Aqua Zumba &<br>Diving Board<br>5:45-6:45<br>*4 Lap Lanes | Lap Swim  |  |   |
| 6:30pm  |   |  |   |   | 6:00-7:00   |  |   |
| 7:00pm  | Pre/Post Natal H2O Fit 7:00-8:00 *5 Lap Lanes         | <b>Lap Swim</b><br>7:00-9:00   |   | <b>Lap Swim</b><br>7:00-9:00                              | Drop Slide Open During Saturday and Sunday Open Swim Times Only |  |   |
| 7:30pm  |   |  |   |   |   |  |   |
| 8:00pm  | <b>Lap Swim</b> 8:00-9:00                             |  |   |   |   |  |   |
| 8:30pm  |   |  |   |   |   |  |   |
| 9:00pm  |   |  |   |   |   |  |   |

\*Indicated Number of Lap Lanes Open to the Public
\*\*ALL POOL SCHEDULES ARE SUBJECT TO CHANGE WITHOUT NOTICE\*\*

